THE PORCELAIN PRESS

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Special Points of Interest

• Visit the new ES&H website. Check out the links to Take 5, and the Porcelain Press archives (in recent updates).

• Sign up for the 'Accelerate to a Healthy Lifestyle' program. Go to the ES&H page for more details and start logging your exercise minutes. Win prizes.

• Weekly 'Tai Chi Easy for Stress Reduction' classes begin in Nov. For more information contact Seton Handville via shandvi@fnal.gov or at x2152.

ES&H Concern or Suggestion?

• Talk to your Supervisor or SSO or submit ideas from the ES&H homepage by clicking on 'Concerns & Suggestions'.

Winter Driving & Holiday Safety

Along with the Holiday season comes winter snow, which can create hazardous driving conditions.

According to Security Captains, Chuck Morrison and Rick Oropez, sliding off the road is the most common type of winter driving mishap at Fermilab. This is primarily due to drivers going too fast during turns. Fortunately, personal injuries and vehicle damage tend to be minor unless the vehicle rolls over.

The two most common locations where vehicles slide off the road are on outbound Pine Street between Road A and the Science Center and the Swenson Road curve near the pond at DZero. However, any turns on slick pavement can present a hazard.

Here are some suggestions to keep your vehicle from sliding off winter roads:

• Equip your vehicle with proper winter tires.
• Allow for longer braking distances.
• Reduce your speed and drive smoothly.
• Ease off the accelerator and ease on the brake pedal.
• Steer into the direction of a slide.

Reminder: Watch Out For Deer!

Deer become more active at this time of the year, increasing the risk of deer-vehicle collisions. At Fermilab, we have been seeing about four deer-vehicle accidents per year. Most accidents have occurred around dusk and were minor in nature, though some resulted in vehicle damage and injuries. To avoid deer-vehicle accidents, Fermilab's Security Chief, Bill Flaherty, offers the following advice:

• Drive slowly in areas where deer signs are posted, especially after dark.
• Keep an eye out for other deer after seeing one cross the road.
• Look for the reflection that is given off by deer eyes.
• Attempt evasive maneuvers carefully so that you don't run into something else.

Pack a Winter Driving Kit

Sliding off the road isn't the only driving hazard that winter brings. Packing a winter driving kit can help out in a variety of situations that you may encounter during the season.

• In case a dead battery leaves you without any heat, keep a set of jumper cables in your car as well as blanket.

• Keep sand or cat litter in your car to gain extra tire traction if you ever find yourself stuck.

• Make sure to have an ice scraper for those times when your windows or lights are covered in ice.

For information or ideas concerning the Porcelain Press.
Contact esh_communication@fnal.gov

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