

# THE PORCELAIN PRESS

August 2011 - Weeks 1 & 2

## Special Points of Interest:

Wilson Hall window washing to be completed in August.

Phase 1 - Exterior

Windows (August 1-5)

Phase 2 - Interior Windows (August 8-17)

Phase 3 - Atrium will be done at night (August 18-19)

Check the bulletin boards near the elevator for the exact date for your area. Remember to clear the windows and areas around the windows to allow for safe access.

## Accelerate to a Healthy Lifestyle

August - October 2011.

Information and sign up at ES&H homepage. Prizes will be awarded monthly to participants.

## ES&H Concern or Suggestion?

Talk to your Supervisor, SSO or go to the ES&H homepage & click on 'Concerns & Suggestions'.

## Pedestrian Safety

Walking is good for your health and it's good for the environment too. But before you head out on foot for a stroll, power walk, or errand, there are important safety tips to remember. Pedestrians are among the most vulnerable users of the road. In the next 24 hours, on average, 324 people will be treated in an emergency department for pedestrian-related injuries. In the next 2 hours, on average, one pedestrian will die from injuries in a traffic crash.



Pedestrians of all ages are at risk of injury or death from traffic crashes, but some people are at higher risk.

- Male pedestrians are more likely to die or be injured in a motor vehicle crash than females.
- Pre-teen, teen, and young adult (ages 10-29 years) pedestrians are more likely to be treated in emergency departments for crash-related injuries.
- Drinking alcohol increases the risk of a pedestrian dying from a motor vehicle crash. In 2007, 36% of all pedestrians killed in traffic crashes were legally drunk, with a blood alcohol content of greater than or equal to 0.08 grams per deciliter.

As pedestrians, children are at even greater risk of injury or death from traffic crashes due to their small size, inability to judge distances and speeds, and lack of experience with traffic rules. Children ages 5 to 14 are more likely to die from motor vehicle traffic injuries, including pedestrian injuries, than any other cause.

## Take Steps for Safety

Whenever you're walking, keep these tips in mind:

- Cross the street at a designated crosswalk.
- Be careful at intersections, where drivers may fail to yield the right-of-way to pedestrians while turning onto another street.
- Increase your visibility at night by carrying a flashlight and wearing reflective clothing.
- It's safest to walk on a sidewalk, but if you must walk in the street, walk facing traffic.

## Tick Reminder

Ticks can be found in wooded areas and in tall grassy areas. There have been many reports of tick sightings and attachments (a.k.a. bites). Ticks are prevalent this year, please take precautions against them. You can learn more at the following sites:

- The Center for Disease Control's Tick page
- The Illinois Department of Public Health's Common Tick page
- The Illinois Department of Public Health's Lyme Disease page

If you will be performing work outdoors, insect repellent can be purchased at the Fermilab Stock Room (stock # 1950-055000). This product repels mosquitoes, as well as ticks, flies, chiggers and fleas.

