

# THE PORCELAIN PRESS

February 2012 - Weeks 3 & 4

## Special Points of Interest:

Revised Material Move Request (MMR) forms: These new forms are available from the stockroom. As BSS drivers pick up materials, they will remind personnel to start using the revised MMR form. As of March 1, 2012 BSS will no longer accept the old MMR forms.

## Reading Safety Glasses

These glasses are now available in the Fermilab Stockroom. Comfortable and stylish, these readers are available in a variety of magnifying strengths. Meets ANSI Z87.1-2003 high impact specifications.

## ES&H Concern or Suggestion?

Talk to your Supervisor, SSO or go to the ES&H homepage & click on 'Concerns & Suggestions'.

## Ergonomics...Fitting the Job to the Worker

The term "ergonomics" is derived from two Greek words: "ergon," meaning work, and "nomoi," meaning natural laws. Ergonomics looks at what kind of work you do, what tools you use and your whole job environment. The aim is to find the best fit between you and your job conditions. Musculoskeletal injuries can affect your muscles, joints, ligaments, tendons, and nerves. Most musculoskeletal injuries develop over time and can often be the result of repetitive stresses, awkward positions, or excessive use of force. Symptoms can include pain, discomfort, stiffness, swelling, or a decreased sense of touch or manual dexterity. Ergonomic principles can be used to help minimize the risk of musculoskeletal injuries. Ergonomics seeks to adapt the job to the person instead of the person to the job. This can be accomplished by designing tasks, workstations, tools, and equipment that are within the worker's physical capabilities and limitations. An Ergonomic Subcommittee exists here at the lab to deal with important ergonomic issues and assist employees with incorporating ergonomic principles into their day to day activities. The subcommittee includes a member from each division/section.



AD	Richard Rebstock	FESS/WDRS	Mike Bonkalski
BS/FI	Greg Mitchell	PPD	Rob Bushek
CD	Amy Pavnica	TD	Bridget Scerini
ESH	Rafael Coll		

Please contact your division/section representative for assistance in applying ergonomic principles into your work or to report any ergonomic related issue or concern.

## Stop Work Authority

If you encounter a serious safety issue please note that every employee has the right and responsibility to stop any activities that pose an imminent danger to personnel or the environment, and report them to supervision. The roles and responsibilities for employees, users, contractors, supervisors, D/S heads and safety staff are clearly laid out in FESHM chapter 1030. Less serious safety concerns and safety suggestions should also be passed along to help prevent injuries and environmental impacts.

## Safety and the Service Desk

If you have a safety concern or suggestion, please submit a service desk ticket. By submitting a service ticket you ensure that your concern is routed to the appropriate person. Each SSO and their alternate are part of a service group that sees and addresses safety concerns and suggestions that are logged. As the person submitting the issue, you will see where it goes and be able to track the progress. In addition, it gives us good metrics and enables us to measure things like response time and resolution. It also helps to identify trends. So the next time you have a good ES&H suggestion, don't just mention it in passing to the first safety person you see, log it in the Service Desk and help to ensure that we are capturing all observations, suggestions and concerns.

